

DIY Bath Bombs

1 cup baking soda

½ cup citric acid

½ cup Epsom salts

½ cup cornstarch

2 ½ T almond or coconut oil

Witch Hazel in a small spray bottle

12 to 15 drops of lavender essential oil

1/2 t lavender buds for mix

1/2 t lavender buds for bottom of molds

1. Divide ½ t of lavender buds into the bottoms of six to eight molds.
2. Place all other ingredients except the witch hazel into a bowl and mix with your hand.
3. Spray a few mists of the witch hazel and work in with your hand. Continue to spray and mix until you can squeeze a handful of the mixture and it stays together.
4. Pack each mold with the mixture, pressing down firmly.
5. Leave to dry for 24 hours.
6. Gently squeeze each mold to slightly separate the hardened bath bomb from the side of the mold, or tap gently on a hard surface to loosen.

Throw in bath and enjoy!